

Advanced Training in Regional Anaesthesia

A new and exciting opportunity to advance your skills in regional anaesthesia

Suitable for ST6 and 7

What is on offer:

- 10 dedicated lower limb lists
- 6 dedicated upper limb lists
- 3 dedicated breast lists
- 3 dedicated foot and ankle lists
- 10 dedicated trauma lists
- GUG, Daycase and Obstetrics utilising regional anaesthesia available
- Rib fracture and neck of femur analgesia service
- 2 dedicated Consultant led acute pain sessions

Service improvement programmes:

1. Patient information leaflet design
2. QI projects in RA
3. Encouragement to publish posters/abstracts/articles in RA
4. Research opportunities currently under development

Procedural teaching:

UPPER LIMB: Interscalene, Supraclavicular, Infraclavicular and Axillary approaches to the brachial plexus and forearm blocks. Additional blocks like subomohyoid suprascapular

LOWER LIMB: Hip blocks(Fem, FI, SIFI,PENG) Knee Blocks (adductor canal, IPACK, popliteal) and ankle block

THORACIC: Pecs, SAP ,Thoracic paravertebral and ESP blocks

ABDOMINAL: Rectus sheath, TAP, QL

OBSTETRICS: (spine US, abdominal blocks, spinal, CSE, epidural, sphenopalatine ganglion block)

NERVE CATHETERS: The initial placement and use of indwelling nerve catheters

ACUTE PAIN ROUNDS: management of difficult acute pain patients

DAY CASE SPINAL: How to appropriately use prilocaine and chloroprocaine for day case spinal

POCUS: Gastric ultrasound, airway ultrasound (optional)

MSK (Optional)

Office based Teaching:

- EDRA dedicated teaching MCQs and VIVA
- Discussion of controversies in regional anaesthesia (e.g. compartment syndrome, prolonged motor block)
- Problem based learning in areas including (failed/inadequate block, pain in recovery)
- Journal club

Module Leads:

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