

Novice Anaesthetic Training at UHCW

We will have a 1:1 meeting to discuss your individual requirements when you start.

You should meet your Educational Supervisor within the first two weeks of starting to discuss your requirements and create a PDP. Your progress should be monitored regularly by your ES and they will complete your paperwork at the end of your placement with us. You can arrange further college tutor meetings as and when you feel necessary.

The requirements of your 6 months in anaesthetics is to complete your Initial Assessment of Competence [IAC], to complete your procedural sedation HALO and to work towards the Generic Professional Capabilities [GPCs] of the curriculum.

Before starting your placement [or as soon as you are able to after starting] ...

- Look at the Novice guide on the RCOA website:
<https://www.rcoa.ac.uk/documents/novice-guide/introduction>
- If your base speciality is anaesthetics, then make sure you register with the RCOA and have access to the Lifelong Learning Platform [LLP] – details in the novice guide on the RCOA website.
- Consider listening to the novice guide podcasts [NovPod] available via the RCOA website, which will help you prepare for the anaesthetic placement and will guide you through the processes when you start.

In the first 2 weeks ...

- Meet your Educational Supervisor.
- Book study leave for teaching.

Teaching

- You should attend anaesthetic teaching even if anaesthetics isn't your base specialty.
 - This will include teaching relevant to the IAC and simulation required for the IAC.
 - This takes place on Thursday mornings in Solihull.
 - The teaching programme is on the WSOA website: <http://wsoa.org.uk/primary-teaching>
- Further local simulation training will be advertised during your placement and is required for the IAC.
- If anaesthetics is not your base speciality, you can also attend your base specialty teaching by booking study leave for this.

Initial Assessment of Competence [IAC]

- Look at the IAC workbook on the RCOA website:
<https://www.rcoa.ac.uk/sites/default/files/documents/2022-09/EPA-1-2-2022%20v1.2.pdf>
- This workbook describes how to achieve the IAC.
- You should aim to complete this by the fourth month of training.

Working towards the IAC:

- Complete SLEs – ideally at least one per day – and link them to the EPA1 and EPA2 domains as relevant.
- Also link these SLEs to LO7 of the ACCS curriculum.
- These should be basic SLEs for procedures, skills and discussion topics as outlined in the workbook – don't just look out for unusual or complex cases/procedures.
- Aim to work towards a supervision level of 2b.
- Once most of your assessments are at this supervision level, consider whether you are ready for sign off.

Process of Signing off the IAC [ideally by the fourth month of training]:

- Ask Dr Amarasekara to set up a Multiple Trainer Report [MTR] for you:
 - She will require the names of 3 consultants with whom you have worked regularly.
 - Aim to do this during your third month of training.
- Meet Dr Amarasekara to discuss your evidence and make sure you are able to submit the relevant HALOs.
- Send the completed HALOs for EPA1 and EPA2 with the MTRs linked to them to Dr Amarasekara.
- Once complete, send the IAC milestone for Dr Amarasekara and your Educational Supervisor.

Procedural Sedation HALO

- Towards the end of your attachment, you should also complete the procedural sedation HALO.
- We will provide lists in the centre for reproductive medicine [CRM] at UHCW and the orthopaedic theatres at Rugby St Cross to allow you to gain the required experience for this domain of training.
- Link all SLEs to the procedural sedation domain and also to LO7.
- The supervision level you are aiming to achieve in your SLEs for this domain is 2a.
- In the assessments, mention and cover the discussions points in the sedation domain:
 - Patient-Related Risk factors for sedation.
 - Dangers with using a single agent vs a combination of agents for sedation.
 - Explain the different levels of sedation and the risks associated with these.
 - Discuss how to recognise and manage the complications of sedation.
- Send the completed HALO to Dr Minich.

Generic Professional Capabilities – GPCs

- You should work towards the non-clinical learning outcomes of the ACCS curriculum:
 - LO9 – Support, supervise and educate.
 - LO10 – Participate in research and manage data appropriately.
 - LO11 – Participate in and promote activity to improve the quality and safety of patient care.
- You can use Educational Development Time [EDT] to work towards these learning outcomes.
- We encourage you to take an average of 2 hours per week for EDT [booked as half-days when required].

Learning Outcome 7 – Provide safe basic anaesthetic care including sedation

- Once you have completed the IAC and the procedural sedation domain then you can also submit the HALO for Learning Outcome 7 [LO7] to your educational supervisor.

Cross-Linking of Evidence

- If anaesthetics is your base specialty, consider cross-linking evidence to other parts of the Stage 1 curriculum.
- This will be useful later in your training.
- For more advice about this, discuss with your ES or college tutor.

Additional Requirements of this year

- You should have the following:
 - Evidence of a personal development plan with appropriate goals set and achieved.
 - A minimum of 3 supervisory meetings documented on the LLP.
 - Maintain a logbook [via the LLP if anaesthetics is your base specialty].
 - MSF [separate MSFs from anaesthesia and another MSF from ITU will be required this year].
- Across the year you will also be required to do other things to be successful at ARCP.
- See the ARCP checklists on the WSOA website.
- If you are in the ACCS programme you must complete and upload an end of placement report. Two are required, one for anaesthetics and one for ICM: <https://www.accs.ac.uk/2021-curriculum/resources>
- Involvement in at least one audit/QI project per year – you may wish to do this during your anaesthetic placement.

Other Useful Links

The Difficult Airway Society Website as this has a very good novice airway guide: <https://das.uk.com/node/580>

The RCOA Novice guide: <https://www.rcoa.ac.uk/documents/novice-guide/introduction>

The Warwickshire School of Anaesthesia Website: <http://wsoa.org.uk>

The resources page on the ACCS Website: <https://www.accs.ac.uk/2021-curriculum/resources>